



NEW CLIENT INFORMATION

Our Mission

Our mission is to connect humans and horses to transform the lives of individuals with disabilities and meet the evolving needs of our greater community.

Therapy, sport, recreation and social interactions are achieved in a safe and educational environment with specially selected and trained horses. We Can Ride (WCR) operates under the guidance of credentialed Physical and Occupational Therapists and nationally certified therapeutic riding instructors. All programming is assisted by trained and dedicated volunteers.

WCR prides itself on maintaining a safe and stimulating environment for everyone involved in its programs. We accept and currently serve individuals of any gender, sexual orientation or ethnic origin.



Helmet Info

- Must be a helmet for horseback riding
- ASTM/SEI CERTIFIED
- Shop at any tack store, such as St. Croix Saddlery, Viking Saddlery, or similar.
- Must be within 5 years from the manufacture date - after that, a new one is needed

Location & Contact

- 4301 County Rd. 24,
Medina MN 55359
- Class Cancellation
Number 612-268-2735

Please call to cancel if you will be more than 10 minutes late.

Client Scheduling
clients@wecanride.org

Finance questions
finances@wecanride.org



Benefits:

- Develop self-awareness & build self-confidence
- Encourage safe independence & improve quality of life
- Improve concentration & self-discipline
- Affect all body systems to improve posture, balance, coordination, strength, sensory integration & flexibility
- Have fun & make friends!



Programs Offered:

- **Therapeutic Riding**
 - Groups up to 4 clients, semi-privates, privates
 - 45 minutes, once a week
 - 60 minute option for clients L3 & up. Includes 15 min. of ground work, 45 min. of riding.
- **Specialty Occupational, Speech & Physical Therapy**
 - Private, 1 hour, once a week
- **Ground Lessons**
 - Groups, semi-privates, privates
 - 45 minutes, once a week
- **Community Programs**
 - Sibling, family, volunteer, community, equine assisted learning groups, team building and first responder lessons!

Depending on client appropriateness, horses, & volunteers available, WCR reserves the right to refuse services to anyone in order to provide the safest services. An on horse re-screening can happen at any time and may include immediate dismissal from programming. Clients deemed L1-2 will age out at 18 years old.

Riding Weight Limit:

Under 5' - 100lbs
5'-5'6 - 120 LBS
5'7-6' - 140 LBS

Those that do not fit within the Ht/Wt limit, may be appropriate for ground lessons

We Can Ride Details

- 501C3 Non-profit
- Path Intl. premier accredited center
- Serves around 150 clients a year, ages 2 & up
- Funded by fundraising events, donations, grants, registration & Lesson fees



Cancellations:

- Severe Weather - snow storm, thunder & lightening, temperatures above 98 heat index in the arena, or instructor/therapist absence.
- Calls will be made for cancellations made the day of class - prior cancellation notifications will be emailed.
- Please call the cancellation line or email your instructor if you suspect classes may be cancelled.
- Ground work may be incorporated into classes if threatening weather is present
- A make-up class is offered following the last day of class if a cancellation has been made by WCR.
- There are NO make-up classes or reimbursements for individual client absences
- Horses will be put away after 10 min. of waiting - if you will be later than that, please call and let us know you won't be attending.
- If a client no shows or cancels a screening more than twice, the screening fee will be retained, and no screening will be rescheduled.

Yearly Registration Process:

- Clients must register for any classes they wish to participate in for the entire following year
- Classes are filled on first come first serve basis
- A \$150 deposit per session requested is required- WCR will need 30 days notice to a session cancellation or it will be retained.
- A yearly \$82 registration fee is required in order to register for classes. This is non-refundable.
- A \$25 late fee will be assessed if the session is not paid for by the due date.
- All paperwork & payments are required in order to secure client slots.
- If paying through a 3rd party, you are responsible for ensuring they receive and pay the invoice. We do NOT 3rd party bill

Facility & Horse Info

- WCR Property is shared with Three Rivers Park Police
- Two arenas - one 3 season and one heated that is used year round
- No outdoor riding space
- 16-19 horses on property
- Waiting areas in both arenas for observers
- Horses of all ages, breeds and previous careers





Class Absences:

- Alert WCR to any absence as soon as you know so we can mark the client out and not provide volunteers or their horse.
- Please see Specialty OT/PT/Speech cancellation doc. for more information on hippotherapy cancellations.
 - One non-paid absence is allowed. All others will be billed in full (including the make-up class if offered).
- Multiple cancellations/no shows per session will result in the client being removed from programming with no funds reimbursed.



Client Scheduling:

- Classes occur 5-6 days of the week (excluding Fridays & Some Sundays) and will vary per session, based off of number of instructors/Therapists.
- Classes are on weekends mid-morning to mid-afternoon, evenings are generally group TR and daytimes are privates, semi-privates and specialty OT/PT/Speech.
- TR classes are divided by level (1-6) to group individuals appropriately.
- Until a screening takes place, we will be unable to tell you if there is an appropriate opening available, since we won't know what programming/level is best.

Clothing & Footwear

- Clients must wear pants in order to participate. NO shorts, skirts or capris are allowed.
- Closed toed and supportive shoes (boots with a heel or tennis shoe) are required. NO crocs, boat shoes, canvas shoes or sandals are allowed.
- Dress for the weather
- If appropriate clothing is not worn, the client will not be able to participate

