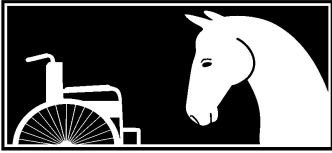


WE CAN RIDE



P.O. Box 1102
MINNETONKA, MN 55345
(952) 934-0057
FAX: (952) 974-9688
WWW.WECANRIDE.ORG

2012 DOWN SYNDROME ATLANTOAXIAL INSTABILITY

MUST BE COMPLETED BY A PHYSICIAN

Please return the original to the We Can Ride office.

Atlantoaxial instability (AAI) is a potentially life-threatening or paralyzing condition common to Down Syndrome. *We Can Ride* requires Clients with Down Syndrome to provide **annual** certification from a Physician, that the Client's annual physical examination reveals no symptoms of AAI such as change of head control, change in gait, change of hand control, or change in bowel or bladder functions.

Following the initial x-ray, indication for repeated x-rays should be made at the discretion of the Client's physician.

Client Name _____

Date of Exam _____

_____ No clinical symptoms of Atlantoaxial instability were seen during exam.

_____ Yes, clinical symptoms of Atlantoaxial instability were observed. Horseback riding is contraindicated at this time.

_____ Flexion/extension cervical spine x-ray for AAI

Result: _____

Date of x-ray: _____

PHYSICIAN NAME (PRINT): _____

DATE _____

OR STAMP ADDRESS HERE:

**PHYSICIAN
SIGNATURE:** _____

*(FORM CAN BE SIGNED BY PHYSICIAN, CERTIFIED
NURSE PRACTITIONER OR PHYSICIAN ASSISTANT)*

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____